
Wigwam to Wigwam

YOUR "HOUSE TO HOUSE" NEWS

Home Theatre System Arrives

The residents living at 20 Sewells Road were treated to a new program earlier this month. The acquisition of a new home theatre system allowed for the first ever 'Movie Night' in the building.

A state of the art DVD player, a terrific sound system and a digital projector formed the core of the home theatre system. All that was needed after that was a receptive audience and the 41 people from the building, who were entertained in the Worship Room on the 1st floor, were soon to find out just how fabulous a movie could look when projected on one of the walls in the room. The sound was absolutely sensational.

I've heard nothing but positive comments from those who attended that evening. The presentation of the movie 'Cars' received rave reviews from those who took in the movie.

Movie Night will be a regular feature in the building. It is hoped that the program will run at least once per month.

Movie Night was presented by the members of MAC, the Multicultural Arts and Crafts group. MAC has been instrumental in bringing several family-oriented programs to 20 Sewells Road. It is great to see such overwhelming support for their programs.

March 2007

Volume 9, Issue 2

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Where Buffalo Fly

By Drew Hayden Taylor

At a powwow recently I saw a Native person walking the grounds wearing one of those “I AM CANADIAN” T-shirts that are so popular these days, several years after the similarly popular television commercial devoted to the same topic. On the shirt were a series of pithy and semi-humorous observations about Canadian lifestyle as opposed to the American way of life.

Yet, most First Nations people would argue, as a matter of indigenous pride, that they are first and foremost (insert own First Nations here) before they are Canadian. Except, of course, when traveling abroad. When I say I’m Ojibway in places like China and Cuba I get blank stares. “Canadian” cuts the explanations down quite considerably.

So, to achieve a kind of cultural pride parity, I would like to substitute this humble alternative for the “I AM CANADIAN” T-shirt campaign.

I have a dream catcher but it was given to me by a white person.

I do not own a canoe but I know somebody who does.

I have lived here forever but only been a citizen since 1960.

I’ve never rubbed noses as a sign of affection but I’d be more than willing to try.

I do not personally have a land claim but I have not ruled out the possibility.

I have enjoyed watching Graham Greene on television and reading other Graham Greene novels.

I have lived on the reserve and in the city.

I watch APTN and CNN.

I am Ojibway/Cree/Iroquois/Haida/Inuit etc. but I am also Canadian.

I personally have never worn buckskin but I do support that indigenous right.

I am not from India but I do like their food.

I am better with a video game than a bow and arrow.

Contrary to popular belief, I do pay taxes and, like you, I find it annoying.

I was at Oka, if not in body then in spirit.

I have ridden a horse, if not in body then in spirit.

My great, great-great-grandmother was part white but that doesn’t change anything.

I have never hunted buffalo but I’ve had their wings.

Contrary to popular belief I prefer my baloney raw, not fried.

I love going to a powwow as much as I love going to a hockey game.

I am glad you had a Native friend once but I’m sorry, I do not know all of the approximately one million people of Aboriginal heritage in Canada.

Where Buffalo Fly (continued)

Submitted by Lori Ball

Yes, I have seen 'Dances With Wolves' but it is not my favourite movie.

I drive a Chevy pickup, a Ford Escort, a Kia Sportage, a Hyundai Tucson, and a Kawasaki.

I listen to country music, rock, rap, blues and opera.

I have blonde/brown/black/red/grey hair.

I have a university degree.

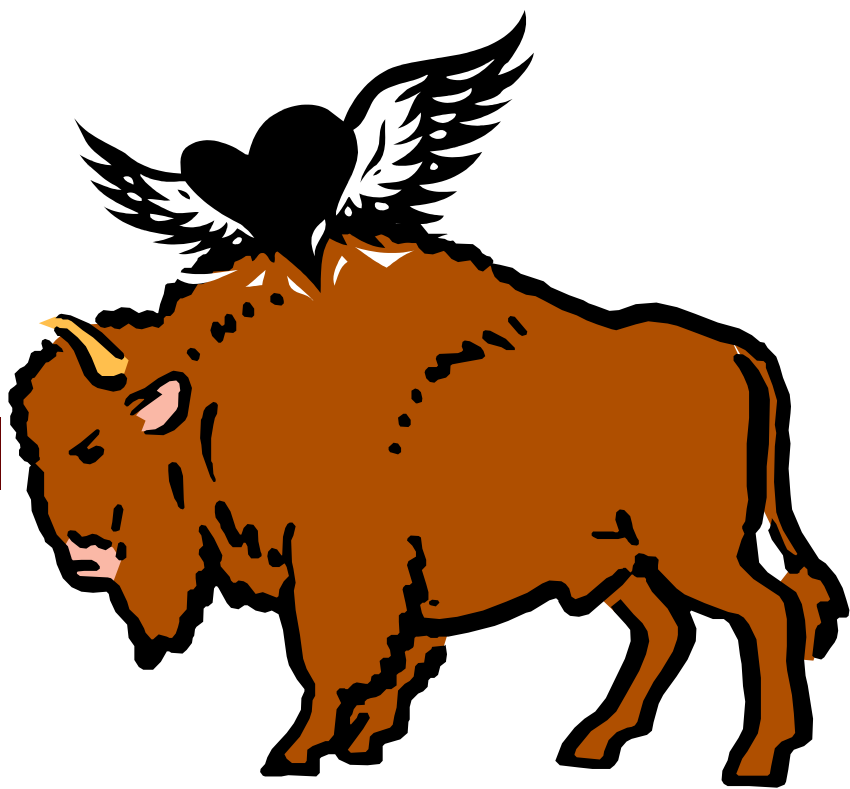
I own my own house and it is not a tepee.

I AM ABORIGINAL.

Drew Hayden Taylor is an award-winning Ojibway playwright and author from the Curve Lake First Nation.

Originally published in The Peterborough Examiner - Thursday, September 7, 2006.

Buffalo With Wings



What Is Love?

Submitted by Katja Mucks

"When my grandmother got arthritis, she couldn't bend over and paint her toenails anymore. So my grandfather does it for her all the time, even when his hands got arthritis too. That's love."

Rebecca - age 8

"When someone loves you, the way they say your name is different. You just know that your name is safe in their mouth." Billy - age 4

Love is when a girl puts on perfume and a boy puts on shaving cologne and they go out and smell each other." Karl - age 5

"Love is when you go out to eat and give somebody most of your French fries without making them give you any of theirs." Chrissy - age 6

"Love is what makes you smile when you're tired." Terri - age 4

"Love is when my mommy makes coffee for my daddy and she takes a sip before giving it to him, to make sure the taste is OK." Danny - age 7

"If you want to learn to love better, you should start with a friend who you hate." Nikka - age 6

"During my piano recital, I was on a stage and I was scared. I looked at all the people watching me and saw my daddy waving and smiling. He was the only one doing that. I wasn't scared anymore." Cindy - age 8

"My mommy loves me more than anybody. You don't see anyone else kissing me to sleep at night." Clare - age 6

"Love is when Mommy gives Daddy the best piece of chicken." Elaine - age 5

"Love is when your puppy licks your face even after you left him alone all day."

Mary Ann - age 4

"I know my older sister loves me because she gives me all her old clothes and has to go out and buy new ones." Lauren - age 4

"You really shouldn't say 'I love you' unless you mean it. But if you mean it, you should say it a lot. People forget." Jessica - age 8

The winner was a four year old child whose next door neighbour was an elderly gentleman who had recently lost his wife. Upon seeing the man cry, the little boy went into the old gentleman's yard, climbed onto his lap, and just sat there. When his Mother asked what he had said to the neighbour, the little boy said,

"Nothing, I just helped him cry."

March Break Activities - March 12 - 16, 2007

Submitted by Sarah Jayne Kendall, Wigwamen Terrace Manager

COLBORNE LODGE

Drop in for a tour of the historic house and children's activities based on early life at Colborne Lodge. Make it a day in High Park for you and your family. The lodge is located close to both the Jamie Bell Adventure Playground and the Animal Paddocks.

South end of High Park on Colborne Lodge Dr. - Admission to the Lodge is \$2.50 to \$4.00

HISTORIC FORT YORK

Enjoy all kinds of fun activities related to Fort York and Toronto's history. Dress up, cook, and listen to great stories and more.

100 Garison St. - 416-392-6907 - Admission - \$4 - \$6

MARCH BREAK FAMILY SWIMMING

Frankland Community Centre - 816 Logan Ave. - 416-392-0749 - Monday, Wednesday and Friday – 1 pm to 3 pm.

John Innes CRC – 150 Sherbourne St. - 416-392-6779 - Monday to Friday – 2 pm to 4 pm.

Jimmie Simpson RC – 870 Queen St. E. - 416-392-0751 - Wednesday & Friday – 5 pm to 7 pm

NATIVE CANADIAN CENTRE OF TORONTO

March Break activities will be held at the Native Canadian Centre – program schedule to be announced - 416-964-9087.

COUNCIL FIRE

Council Fire will be hosting March Break activities. Please contact Jordon Williams or Anonghous Kitchikake, the 'Youth Representatives' - 416-360-4350

Squilax First Nation Art

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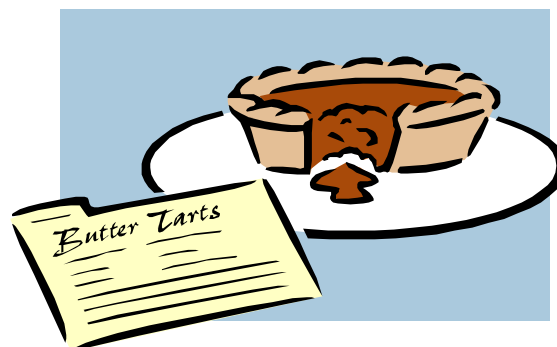
Terrace Kitchen

Submitted by Barbara Gajic

Heavenly Butter Tarts – Diabetic Friendly

Truly a 'melt in your mouth' treat.

- 1/3 cup soft butter
- 1/2 cup packed **Splenda Brown Sugar Blend**
- 1/2 cup corn syrup
- 2 eggs
- 2 tbsp homogenized milk
- 1 ½ tsp vanilla
- 12 large tart shells, unbaked (frozen shells are the easiest)



Cream together in a medium bowl with electric mixer, butter, brown sugar blend and corn syrup. Beat in eggs, milk and vanilla just until combined. **Divide** filling among tart shells. Bake in 400°F (200°) oven 16 to 18 minutes, until browned and bubbly. Remove to wire rack; let cool. Serve warm or at room temperature. Makes 12 tarts.

Brittingham's Irish Stew

Ingredients

- 2 lbs lamb or Stewing Beef – cubed shoulder
- 8 medium potatoes – sliced and unpeeled
- 3 Spanish onions – sliced
- 2 tbsp chopped fresh parsley
- 1 tbsp chopped fresh thyme
- salt and pepper to taste
- 2 cups water

Preparation

Using a sharp knife, trim excess fat from meat. Put a layer of sliced potatoes into large stew pot followed by layer of cubed meat, sprinkling parsley, thyme and salt and pepper (to taste) between the layers. Continue layering and sprinkling, ending up with a layer of potatoes on top. Add water to pot, cover the pot and bring contents to a boil. Turn down heat and gently simmer until meat is quite tender, about 1½ hours. You may have to stir from time to time and add a little water to keep liquid level up. Be careful not to overdo it. Irish stew is thick and should not drown in its own broth.



Terrace Happenings

By Sarah Jayne Kendall, Wigwamen Terrace Manager

Frances and Sarah Jayne will be starting a regular 50/50 draw during the first week of March. The draw will be held in the Terrace lobby every two weeks. Dates and times will be posted. All of the proceeds will go to purchasing new Terrace patio furniture, gardening supplies, a BBQ, etc.

I would also like to send out a few important reminders to all tenants:

- Only the person(s) listed on the lease are permitted to reside in a Wigwamen Terrace apartment. This agreement is clearly stated in the lease. Permitting an unauthorized person to reside in your unit will jeopardize your housing and legal action will be pursued. There will be NO exceptions
- Rent is due on or before the first of the month
- Parking at the rear of Wigwamen Terrace is for tenants which have been allocated a spot. Guest parking must be assigned and approved by Maintenance or Management depending on availability

Sincerely,

Sarah Jayne

A Glimpse Into The Future

I've added this photo to the newsletter just as a way of reminding everyone that winter doesn't last forever. It may have started off rather slowly this year (and then hammered us with reckless abandon) but this isn't the way it will always be. It will go away, trust me.

So, in case you've forgotten what summer looked like, take a gander at the photo on the right. Sunshine, beaches and hot weather.

Summer isn't really all that far away, honestly!

[Little Shuswap Lake, Squilax, B.C.] ➡



Kids' Stuff!

Submitted by Alla Ponomarenko



Colour-Me-In

Spring is coming!

Organic Planet

Submitted by Alla Ponomarenko



Homemade Housecleaners

All-purpose cleaner: Mix vinegar and salt for a good surface cleaner, or pour some baking soda and vinegar on a damp sponge to clean and deodorize all kitchen and bathroom surfaces.

Oven cleaner: While the oven is still warm, pour some salt on the grimy areas. If the areas are dry, dampen them with water before applying salt. When the oven cools down, scrape the grime off and wash it clean.

Toilet bowl cleaner: Sprinkle baking soda into the bowl, then drizzle with some vinegar and scour with a toilet brush. This combination both cleans and deodorizes.

Deodorizer: Boil one tablespoon of vinegar in one cup of water to eliminate unpleasant cooking odours. Baking soda is also excellent for absorbing odours.

Removing grease spots: Immediately pour salt on grease spots to absorb grease and prevent staining.

Removing scratches: Mix equal parts lemon juice and vegetable oil, and rub against scratches with a soft cloth until they disappear.

Glass cleaner: Mix equal amounts water and vinegar in a spray bottle. Wipe the glass with newspaper for a streak-free shine.

Drain cleaner: For a clogged drain, pour a handful of baking soda down the drain, add half a cup of vinegar, and close with a plug for 20 seconds. Rinse with hot water.

YOUR "HOUSE TO HOUSE" NEWS

Wigwamen
Incorporated

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If you have submissions for the "Wigwam To
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Congratulations!!!

A '50/50 Draw' is the latest fundraising activity for the residents living at 20 Sewells Road. The funds raised will go towards the annual Christmas dinner. We want to congratulate the very first draw winner, Terry Maki. Terry is a very well-liked, very caring and a very giving person and one can't imagine a more deserving person to win the February jackpot of \$90.

Congratulations Terry!!!



Zero Balance Club



\$50 DOMINION GIFT CERTIFICATES

MARY COTE

MEHRDAD JAY

IDA SHAGGI JAWAN